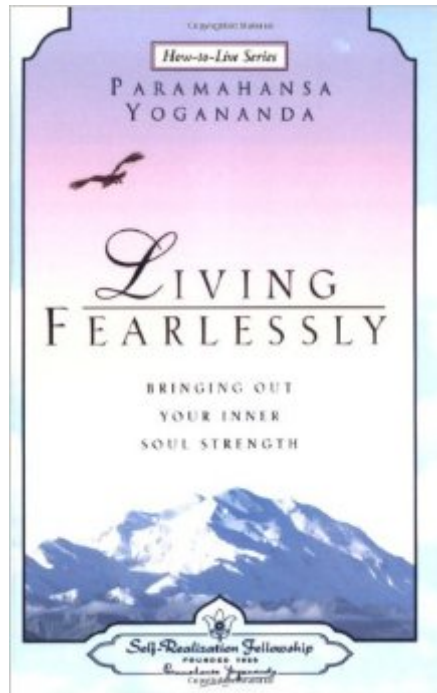


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# Living Fearlessly (Self-Realization Fellowship) (How-To-Live)



## Synopsis

In this powerful book, Paramahansa Yogananda - renowned author of the spiritual classic, *Autobiography of a Yogi* - provides positive affirmations for achieving success, outlines definite methods of creating lasting happiness, and tells us how to overcome negativity and inertia by harnessing the dynamic power of our own will.

## Book Information

Series: How-To-Live

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (18 customer reviews)

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## Customer Reviews

The Divine words of Paramahansa Yogananda delivers the one message that will set you free from fear and its debilitating effects in your life. That message is to recognize and connect fully to your divine source, to God, and how this omniscient presence is within you, at all times. It is within your heart and soul. By focusing on how Divine Source is with you, in you, and as you at all times, you will come to discover that you are never alone. A wonderful message is that fear is humankind's greatest enemy. By renewing your MIND, and focusing on your Divine heritage, you will come to trust that God is on your side. You will learn through this book that your circumstances are to draw you closer to your connection to Divine Source, so that you can follow your inner guidance, take proactive action in your life, and cast out fear completely. In this way you will come to know the immense Divine creative power you do have, and how circumstances are merely passing occurrences. You, however, are eternal. Your creative capacity comes from your Divine connection to the greatest power in this Universe, and that is Love. HIGHLY recommended if fear has been in your life, preventing you from claiming every Divine gift and experience you deserve. This book will help you

cast out fear forever. From my Heart, Barbara Rose, author of: 'If God Was Like Man' and 'Individual Power'. Borntoinspire.com

The editors at Self-Realization Fellowship have again produced a beautifully inspiring and motivating volume, drawing on some of the great yoga master's inimitable expressions of eternal truth. Drawing partly from talks published elsewhere (e.g., Man's Eternal Quest and The Divine Romance), this volume also includes life-empowering quotes that would otherwise have to be culled from the years of Yogananda's Self-Realization Lessons - plus a couple of other essays not elsewhere in print. In the latter category is a brilliant piece on faith, fearlessness, and the uprooting of unconscious fears. In times of tremendous uncertainty and world-upheaval the reassurance offered by such pieces as "Ridding the Consciousness of Worry" and "Removing the Static of Fear" are real treasures. It is exquisitely comforting to read how Yogananda himself handled threats of economic disaster in "Finding Inner Assurance that God Is With You" - one more demonstration that he does not speak from abstract theory but from principles that he has tested and proven in his own life. He never tells you that it will be easy - only that the power of attunement with your soul will lead you to VICTORY over the most difficult challenges. His life and those of his advanced students are testimony to that truth. Seldom has a tiny volume combined so effectively the most advanced concepts of psychology with the most divine insights into the power of faith. This is destined to become another classic of PRACTICAL SPIRITUALITY - perhaps rivaled only by his AUTOBIOGRAPHY OF A YOGI (ISBN 0876120834 ) and THE LAW OF SUCCESS (ISBN 0876121504 )

The first time I read this book, I didn't think much about it. But, I found myself going back to it. Master Yogananda assures us that, although this world can be a scary place, there is comfort in knowing that God is watching out for us and we have nothing to fear. He also gives affirmations for protecting oneself against germs and diseases. Nice book for bringing more comfort into your life.

This was the book as I sat in a hospital room post a major surgery that changed my life. Yogananda is a brilliant teacher who makes Fear evaporate. He offers the wisdom of the ages in a concise way. A remarkable teaching for a subject matter that needs to have more light shone upon it. Fear destroys lives. This book teaches you to reclaim your life with Love .... Should be required reading in all schools. This book led me to reading Yogananda' Second Coming of Christ. It is remarkable.....

The one thing I can honestly say, is that this little book is jammed packed with wonderful information that was uplifting to me when I was going through things. I found this book to be very motivational to help anyone who would read it with a open heart. I was encouraged just reading it. It helped me I know it could help anyone to learn to walk in strength fearlessly.

Many authors of this genre take great liberties with words, many times saying the same things that others have said and just trying to repackage it. Not so with this small booklet. Yogananda is able to catch that special something which is universal Truth and place it in your hands for you to use. From the first page, I knew this was something different than the average fare offered on this subject. I can't imagine anyone not being able to find something to use in this wonderful booklet as it helps one to remember who and what they are and why they are here. Put unhealthy fear in the garbage can where it belongs!

This is a small, compact book, but don't let that fool you... It is also one of the most empowering books I have ever read... You literally feel your own inner strength, courage, and fearlessness develop as you read page after page... This may sound odd, but I would also encourage you to read it outdoors in the sunlight... Those two components (fresh air and sunlight) seem to somehow bolster the message and wisdom of fearlessness in this little book even more... I reach for it and reread the pages, anytime I feel I need some encouragement when facing something difficult in my life... It's an absolutely wonderful book... I would highly recommend it to anyone of any faith...

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